

## THE TOMATIS APPROACH

*Every year,  
more than 50,000  
people in the world  
benefit from the  
Tomatis Method!*

The first step involves an audio-psycho-phonological test which consists of a **Tomatis Listening Test** and an **in-depth interview** with a Tomatis consultant allowing to carefully define the motives and needs (nature of the problem, anticipated target) as well as the potentials of the client.

The audio-psycho-phonological test serves to evaluate the listening potential and determine the need for audio-vocal education, in which case the consultant develops an individually tailored program to treat the problem in question.

The number and intervals of the audio(-vocal) sessions may vary from person to person depending on the approach defined. Throughout the entire program, regular control tests and discussions serve to analyze individual progress.



**Today 400 certified institutes and members of the International Tomatis Network operate world-wide, managed by specially trained Tomatis professionals including, among others, physicians, psychologists, speech therapists and pedagogues.**



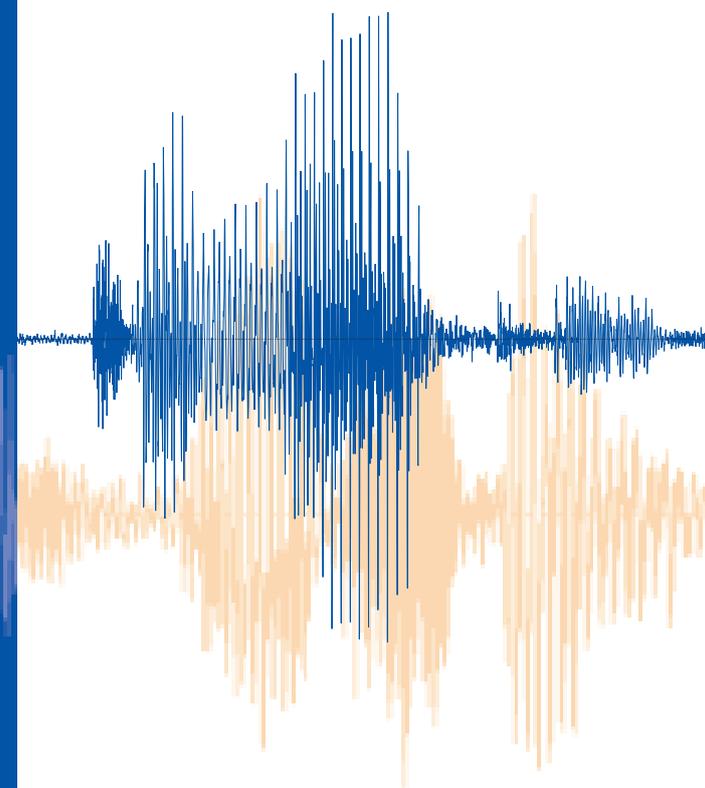
**Only certified  
Tomatis Institutes  
carry this logo. It  
stands for quality.**



CENTRE D'ÉCOUTE ET DE SANTÉ „FLEUR“  
17, ch. du Couchant, CH-1180 Rolle  
Tél.021 825 34 62, Fax 021 825 34 67  
centrefleur@tomatis-rolle.ch  
www.tomatis-rolle.ch



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The Tomatis Method is named after its inventor, the French ENT specialist Dr. Alfred Tomatis.

In the course of his research Tomatis substantiated that the faculty of listening is closely related to the capacity for learning and the ability to communicate.

*« The voice only contains what the ear can hear »*

*law called “Tomatis Effect” by the Academy of Sciences (1957)*

Listening, which serves auditory comprehension as viewing serves visual comprehension, is defined as **using the ear consciously for the purpose of communication.**

The faculties of hearing and listening should, however, not be confused.

For instance, the analytic capacity of the ear may be distorted – thus making it inoperable at the listening level – while auditory accuracy is fully maintained.

Therefore it is misleading to assimilate auditory comprehension with the simple perception of sounds. As a matter of fact, the ear assumes **three principal functions:**

- ▶ **The dynamization function:** The human ear can be compared to a dynamo which provides the brain with energy and thus requires stimulation.
- ▶ **The vestibular function:** The ear plays an important role in posture and balance control and influences a large part of the muscular system of the body.
- ▶ **The auditory function:** the perception of sounds.

If the performance of one or more of the above functions is not optimal we observe closely interlinked dysfunctions.

In order to optimize the functional listening capacities and/or to remedy certain dysfunctions of the ear, Alfred Tomatis developed a listening training device, the so-called “**electronic ear**”, which makes it possible to educate or re-educate the human ear with regard to its listening function.

### ■ The Tomatis Method has helped ten thousands of children and adults with:

- ▶ audimutism (delayed development of speech)
- ▶ dyslexia
- ▶ balance and motor dysfunction
- ▶ hyperactivity
- ▶ delayed affective and psychological development
- ▶ school problems: reading difficulties, distractibility, frequent need for repetition, organizational deficiencies ...
- ▶ attention deficiencies
- ▶ communication difficulty, weak vocabulary, stress
- ▶ poor memory
- ▶ concentration difficulty
- ▶ fatigability
- ▶ dizziness

### ■ The improvement of listening mechanisms can also increase performance in the following areas:

- ▶ personal development
- ▶ creativity
- ▶ music, voice, singing
- ▶ language assimilation and learning

